

## Volunteer Service Newsletter – Winchester August/September 2017

Did you know that Community First promotes hundreds of opportunities on behalf of charities, community groups and statutory organisations? This is the first edition of a bi-monthly newsletter with just a few of the many roles available in your area. Please contact us (details at the end of the newsletter) or check out our website [www.volunteerwessex.org](http://www.volunteerwessex.org) for further information.

### Latest News: **Marketing Matters**

**Basics of Brand Marketing – Training Workshop delivered in partnership with IBM**

**Tuesday 17<sup>th</sup> October 2017 – 10.00 to 4.00**

**£20 per person**

IBM Building, Lakeside 3000 Reception, Western Road, PO6 3AU

This workshop is targeted at staff, volunteers and trustees of small charities who are looking to improve their knowledge & understanding of marketing and social media.

For more information contact Rachel Taylor at Community First on 0300 500 8085 ext. 9724 or email [rachel.taylor@cfirst.org.uk](mailto:rachel.taylor@cfirst.org.uk)

**FitzRoy**  
transforming lives

The Undateables hit screens for a sixth series this year featuring FitzRoy's Love4Life project. This vital project helps people with learning disabilities and autism find lasting friendships and relationships. They are based in Fareham but hold events in Portsmouth, Southampton, Eastleigh and

Waterlooville. The members regularly get together for fun events, and as a volunteer you can join in the fun! You could be supporting people at social events and chaperoning dates. Events include bowling trips, discos, meals out, quiz nights, theatre and cinema trips, games nights and more. Whether you have a couple of hours a week, a month or just occasionally to spare, they'd love to hear from you. They will support and train you, and make sure you are confident volunteering with people with different disabilities. Many of their volunteers love it so much they have chosen a change of career and started working with people with disabilities.

Volunteers are now needed in other areas!

## **Here is just a small selection of our current opportunities in Winchester:**

### **Homicide Volunteer - Victim Support Homicide Service**

Have you got what it takes to help ensure victims and witnesses of homicide are given the support they need and the respect they deserve? Many people face the effects of homicide alone and confused. Some of what you will be doing include: Contacting and meeting those bereaved by homicide, either over the phone, at the victim's home or another mutually agreed location; clearly explaining the role of Victim Support and empowering victims to overcome the emotional, psychological and practical effects of crime; attending training, support sessions and volunteer meetings; attending pre-trial and court visits and other relevant meetings.

### **Befriend a child in Winchester - Friends of the Family**

We are looking for caring, friendly volunteers to befriend and offer support to vulnerable families and their children aged 5 to 13. Our main aim is to help families to help themselves by giving them friendly support for as long as they need it and so make a difference to these young children's lives. We hope that our volunteers will use their own life experiences and skills to encourage families to discover their own strengths, build their confidence and encourage them to find their own solutions to difficulties. Volunteers will be given initial training, receive regular professional supervision and be provided with ongoing training opportunities. Own transport is required but travel expenses will be reimbursed.

*Skills: Positive caring attitude, good listening skills, non-judgmental, supportive. Experience with families and/or children aged 5-13, Age restriction - must be 23-years-old or over*

### **Meet and Greet Evening Receptionist - Relate**

Our Relate Centre based in City Road, Winchester is seeking volunteers to meet and greet clients arriving for counselling once a week or once every 2 weeks on weekday evenings or Saturday mornings.

You will gain useful work experience with a well-known charity whilst helping us to make a positive difference to the lives of local couples and families. Volunteers are a very important part of the Relate team, helping us to keep our costs as low as possible and enabling us to help families who would otherwise not be able to access counselling support.

*Skills: Good social skills, an understanding of confidentiality and a non-judgmental outlook. No particular qualifications or experience are necessary but you need to be over 18 and able to provide details of 2 referees*

### **Trustee Director - Community First**

Community First delivers critical community services and helps build the capacity of the voluntary sector in Havant, East Hampshire and Winchester. With an income of £2 million and a team of 85 staff, the organisation wishes to make some additions to its Board of Directors. The board of directors decide on the strategic direction of the organisation which is implemented by the Chief Executive and the Senior Management Team.

*Skills: We would like to hear from individuals who have knowledge and experience of: -  
Legal and management functions within the private sector, marketing and communication, especially*

*developing digital marketing strategies.*

### **Community Court Volunteers - Hampshire Constabulary**

Hampshire Constabulary are looking for dedicated young people aged 14-25 to join the team as volunteers!

Volunteers aged 14-25 are being sought from the WINCHESTER AND SURROUNDING area to staff the Community Court where they will be trained to serve as Community and Victim Advocates, Respondent Advocates and members of the Peer Panel.

Volunteers can expect to improve their personal development skills and to obtain experience of volunteering within the criminal justice sector, and so may suit those people interested in the Law, Justice system and Policing in general. As a peer led programme we are however interested to hear from any young person from any background or interest to ensure we best reflect the people we will serve. If successful, volunteers will need to be able to commit to at least 4 hours a week, successfully complete the training and serve for a minimum of 6 months.

### **Comic Illustrator - Hampshire Fire and Rescue Service**

Support the Community Safety department in Hampshire Fire and Rescue Service to develop a fire safety comic based around characters behaviour. This is based around a campaign targeting young people and the causes of fires.

You will work with the comic designer to develop story lines and do the illustrations for the comic and supporting material. This will be a fun project to work on which will give any volunteer the opportunity to work with a motivated team looking to make the Hampshire community safer. This will also result in your illustrations being published across Hampshire which would be a benefit to your portfolio.

*Skills: Experience in illustration work would be beneficial*

### **Befriender - Westholme Residential and Nursing Home**

We are looking for volunteers to support and assist the activity co-ordinators and care teams who look after the residents, most of whom have dementia. Many of whom receive no visitors. This is rewarding work that can be fun as well as challenging, and you can make a difference to the lives of vulnerable people.

*Skills: Patience and a sense of humour are essential. Previous experience of working with the elderly, disabled or children is a distinct advantage.*

### **Stock taking and sorting donations - Winchester Churches Nightshelter, Jewry Street**

Winchester Churches Nightshelter has provided a vital lifeline to the homeless since 1988 and remains the only nightshelter offering direct access emergency accommodation in Hampshire. We have 17 beds and open 365 days of the year.

We are in the process of stock taking and sorting through last year's harvest donations so would be very grateful for a small group of two or three people for a few days, between now and the end of October.

### **Club Helper - Winchester Live at Home Scheme**

Winchester Live at Home Scheme offers support and friendship to older people living in their own homes; helping to maintain independent living, improve well-being and reduce isolation.

We hold various clubs throughout the week (such as Activity, Exercise and Lunch Club). We require volunteers to help with the smooth running of the clubs. This will involve setting up the room with tables, chairs and equipment & clearing away afterwards, assisting and supporting members during the club, helping prepare and serve refreshments.

*Skills: Kitchen experience desirable, an empathy for older people and the ability to work as a team are essential*

### **Healthy Families Volunteer - Barnado's**

Barnardo's believes in children regardless of their circumstances, gender, race, disability or behaviour. The Hampshire Healthy Families service will help families build healthy futures for their children aged 0-5 years.

We are looking for enthusiastic and creative volunteers to support project staff and health visitors deliver services and activities to children, parents and carers. We will explain the different activities available and look at what interests you most, but as part of the role you will be expected to do some of the following: • Help run Ready Steady Mums or Knowing Us support groups; promote the Five to Thrive approach to families, Help run health roadshows and other relevant activities provided by Healthy Families that promote healthy outcomes for children across Hampshire.

***If you would like any information about the above opportunities please contact the Volunteer Service by post, telephone or e-mail, or alternatively look them up along with all our other opportunities on our website [www.volunteerwessex.org](http://www.volunteerwessex.org)***

*Find out about our **Employee Volunteering Scheme** which enables businesses based in East Hampshire, Havant and Winchester to easily access volunteering team challenges and individual skill shares. To find out more, call Janet Duggan on 0300 500 8085 or email [janet.duggan@cfirst.org.uk](mailto:janet.duggan@cfirst.org.uk)*

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Jewry Street, Winchester, Hants SO23 8SB**

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**Check out our website: [www.volunteerwessex.org](http://www.volunteerwessex.org) for more information about volunteering.**



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