



## **Volunteer Service Newsletter in East Hampshire – April/May 2018**

**Community First will help you find the good cause you are looking for, whether it's a regular commitment or a one-off event.**

*If you would like any information about the opportunities please contact us by post, telephone or e-mail (details at the end of the newsletter) or alternatively look them up along with all our other opportunities on our website [www.volunteerwessex.org](http://www.volunteerwessex.org)*

You can also talk to our Advisors at Petersfield Library every Wednesday between 11.00 and 3.00 pm.

### **Latest News: Volunteers Week**

*Visit our stall at Petersfield Market on 6<sup>th</sup> June and find out more about volunteering and the local organisations who need your support*

**Here is just a small selection of our current opportunities in East Hampshire:**

#### **Contact the Elderly - Alton**

Hosts are required to provide tea and cakes to a group of 5 or 6 older people once a year on a Sunday afternoon between 3 and 5pm.

Drivers are required once or twice a year to take 2 or 3 guests to and from the venue for the tea party. It is hoped that the driver will remain with the group to participate in the afternoon tea and chat.

#### **Liss Heart Charity Shop**

We are looking for a volunteer in a community based Charity Shop. The shop is a busy with a happy atmosphere. We have lots of local customers who often come in every day, just for a chat as well as looking for items. You should have a sympathetic and listening ear. May need to wash china and iron clothes etc. Able to handle cash and give change.

#### **Southern Health NHS Foundation Trust- Hampshire wide**

Volunteer assessors visit hospitals and clinical settings as part of a Southern Health team to assess how the environment supports patients in a number of different ways: privacy and dignity, food and hydration, cleanliness, general building condition, maintenance and appearance, dementia requirements and disability.

No previous experience is necessary but you must be a good communicator, have a real interest in people/patients and be able

to contribute a brief summary statement of what they have seen and heard.

### **British Red Cross Shop, Petersfield**

Our shop volunteers are the first point of contact for customers when they enter our shops. You will be a welcome greeting for all customers providing assistance and ultimately helping increase donations.

You will provide invaluable help through the running of the shop, keeping it stocked and attractively displayed. You can get involved as much or as little as you like by: sorting out stock; putting your own stamp on the shop displays or getting trained in order to serve customers at the till.

### **Alton & Petersfield Multiple Sclerosis Society**

We offer support to people with Multiple Sclerosis in Alton, Petersfield and the surrounding areas. There are various roles available including Fundraising and Support volunteer. The Team hold a lunchtime meeting every 4-6 weeks in Alton which you would be required to attend as often as possible.

Good listening and communication skills and a willingness to work as part of a small friendly team of mixed abilities. Experience is not necessary as training is available where required.

### **Whitehill & Bordon Oral History**

To undertake interviews with members of the Whitehill and Bordon community to capture their memories and experiences of living and working in the area. Interviews will support the development of content for a final exhibition with support from local museums and historical societies.

### **Independent Visitor**

#### **Hampshire County Council Children Services**

The Independent Visitor Volunteer Scheme for children who are 'looked after' by the local authority. The scheme is provided by volunteers who want to befriend and support a young person on a long-term basis. This gives young people the chance to spend time and build a relationship with an adult, who is not involved in their lives as a professional or carer.

Volunteers will be matched with children/young people and offer one to one support.

*Find out about our **Employee Volunteering Scheme** which enables businesses in East Hampshire to access volunteering team challenges and individual skill shares. To find out more, call Rachel Taylor on 0300 500 8085 or email [rachel.taylor@cfirst.org.uk](mailto:rachel.taylor@cfirst.org.uk)*

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