

Training Courses for October to December 2018

October

Introduction to People Management	02-Oct	Tue	10.00-14.00	Community Action Fareham, Fareham
Cooking Skills for Men - Taster	3 10 17 Oct	Wed	14.00-16.00	Leigh Park CC, Havant
Safeguarding and Protect Children Level 2	06-Oct	Sat	9.00-14.00	St John Church, Hartley, Wintney
Mental Health Awareness	09-Oct	Tue	10.00-14.00	Living Well Centre, Waterlooville
Grant Applications & Applying for Funding	09-Oct	Tue	10.00-14.00	St Mary's Community Centre, Ports-
On budget! Budgeting Skills - Winchester	09-Oct	Tue	13.30-16.30	Winchester Discovery Centre, Winches-
Emergency First Aid	10-Oct	Wed	9.30-16.30	St Johns Church Hall, Rowland Castle
Roles and Responsibilities of Trustees	10-Oct	Wed	10.00-13.00	Causeway Business Centre, Petersfield
Be a Natural at Public Speaking	10-Oct	Wed	10.00-14.00	Nimrod Community Centre, Gosport
Conducting Appraisals and Supervision	11-Oct	Thu	9.30-13.00	Future Skills Centre, Bordon
Holding Difficult Conversations	11-Oct	Thu	9.30-13.00	Dickenson Centre, Havant
Being an effective administrator	16-Oct	Tue	9.30-13.00	Leigh Park Library, Leigh Park
Emergency First Aid at Work	16-Oct	Tue	9.30-16.30	Wickham Centre, Wickham
Grant funding and applying for Funding	18-Oct	Thu	13.00-16.00	Kings Worthy CC (Tubbs Hall), Win-
Gangs and serious Youth Violence Awareness	24-Oct	Wed	10.00-16.30	Leigh Park CC, Havant
Emergency First Aid at Work	30-Oct	Tue	9.30 - 16.30	Future Skills Centre, Bordon
Excel for beginners	30-Oct	Tue	9.30-15.30	Dickenson Centre, Havant
Lone Working (plus free Trigger Tool Training)	30-Oct	Tue	10.00-13.30	Kingsley centre, Bordon
Improving your Computer Skills (for UC)	31 Oct, 7, 14 Nov	Wed	10.00-14.00	Vine Centre, Aldershot

All our courses are available to view on our website. For more information and prices of individual courses or to subscribe to our Newsletter please visit www.cfirst.org.uk/events



Want to speak to us?

Email: bookings@cfirst.org.uk or

Call us on 01730 777059



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November

Emergency First Aid	01-Nov	Thu	9.30-16.30	St Mary's Community Centre, Ports-
Improving your Computer skills	1 8 15 22 Nov	Thu	13.00-16.00	Alton College tbc
Where to Start? New non profit orgs	08-Nov	Thu	10.00-14.00	Gosport Voluntary Action, Gosport
Safeguarding adults in health and social care s in	12-Nov	Mon	9.30-13.30	Tubbs Hall, Kingsworthy, Winchester
Customer Services - Front Line Staff	13-Nov	Tue	10.00-14.00	Community First Fareham, Fareham
Managing change and Dynamics in Teams	14-Nov	Wed	9.30-13.30	Carroll Centre, Winchester
Volunteer Recruitment, Retention and Manage-	14-Nov	Wed	9.30-15.30	Future Skills Centre, Bordon
Understanding a Trustees role	19-Nov	Mon	10.00-14.00	Gosport Voluntary Action, Gosport
Introduction into Community Development	20th Nov	Tue	12.30-16.00	Gosport Voluntary Action, Gosport
Holding Difficult Conversations	22-Nov	Thu	10.00-14.00	Hillside and Wymering Centre
Emergency First Aid at Work	27-Nov	Tue	9.30-16.30	Nimrod Community Centre, Gosport
Food Hygiene Level 2	28-Nov	Wed	9.30-16.30	St Peters Church, Winchester
Introduction to Bid Writing Skills	28-Nov	Wed	9.30-13.00	Dickenson Centre, Havant
Effective Time Management	29-Nov	Thu	09.30-13.00	Tubbs Hall, Kingsworthy, Winchester
Lone Working and Personal Safety	29-Nov	Thu	10.00-13.30	Hillside and Wymering Centre

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December

De-escalation Skills	03-Dec	Mon	10.00-16.30	Community First Fareham
Emergency First Aid at Work	04-Dec	Tue	9.30-16.30	Fareham Community Church
Health & Safety at Work Workshop	05 Dec	Wed	09.30 –16.30	Action Hampshire, Winchester
Safeguarding Children Level 2	10-Dec	Mon	9.30-14.30	Civic Office, Harlington Way, Fleet
Safeguarding Adults Level 2	11-Dec	Tue	9.30-13.30	Hillside and Wymering Centre
Emergency First Aid at Work	11-Dec	Tue	9.30-16.30	St Johns Church , Rowlands Castle
Mental Health First Aid	12-Dec	Wed	10.00-13.30	Community First Fareham
Safeguarding Adults	29-Jan	Tue	9.30-14.30	Winchester tbc

Is your organisation based in East Hants or Winchester?

Do you have 8-15 team members, volunteers or clients requiring a course to develop your work as a charity or voluntary group?

We may be able to provide high quality training for free or very low cost.

Options for free training sessions include: presentation skills, developing your organisations business plan, safeguarding adults and/or children, Trustee skills and developing your board. Contact us using the details below to see if you could access this training.

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