

Fareham & Gosport Voluntary Sector Health Forum

Notes of the meeting on 14th May 2019 – Fareham Community Church

The meeting was hosted by Community First.

Welcome and Introductions

Jennie Romicheva of Community First Fareham welcomed everyone to the forum.

New attendees were invited to introduce themselves.

A full list of attendees and apologies can be found in the appendices to these notes.

iTalk – Sara Langston, Patient Engagement and Marketing Manager

The service launched in 2008 to improve access to talking therapy. iTalk has a new leaflet designed from the patient experience perspective. Copies are available to order or download.

Services include:

Wellbeing

Support

Therapy

Workplace sessions are offered free of charge to not-for-profit organisations. (min 12 pax.)

Q. How is iTalk funded and who delivers the service?

A. Funded by NHS and Solent Mind and delivered by qualified psychologists

New Care Models and Primary Care Networks – Gina Nash, Transformation Manager, South Eastern Hampshire and Fareham and Gosport CCG and Dr Donal Collins GP and clinical lead for the Fareham locality.

Gina and Donal gave an overview of the work done so far and proposals for PCNs ([click](#) for ppt presentation) it builds on Vanguard with sharing of GP skills and IT development to improve ease of information sharing.

Enhanced Care Model: Focussed on care homes in Fareham due to high number of residents in care. Care homes are linked to a single surgery. Simplifies the relationship between care home staff and the GPs and other surgery-based clinicians and encourages training to empower staff.

Care can be more proactive: Surgeries undertake “ward rounds” at care homes including prescription reviews.

5 of 10 Fareham surgeries are involved in weekly Multi-Disciplinary Team (MDT) meetings – case reviews for patients who are frail or with complex needs. It is hoped that all 10 surgeries will join in the future.

Q How patients were to be informed of the changes.

A Feedback is welcomed about information not going out in the right format.

Q Already difficult to get a GP appointment due to drop in GPP numbers. How is this being addressed?

A GP working practices are changing – more p-t workers and those who are f-t are less willing to do long hours. In future GP will have more of a consultant role – overseeing a team that delivers support to patients. More physios, practice-based paramedics and pharmacist will be recruited to the team.

Q How can Voluntary sector be involved in MDTs?

A Patient consent is key to allowing this to be effective.

Q Voluntary sector might face capacity challenge to participate in MDTs. Could they be held virtually?

A Video link is a possibility.

Q Number of hospital beds and clinicians has reduced. How will this be addressed?

A Whereas over past 25 years most resources were directed at hospital-based care, New Care Model will move more care into the community. Many well people remain in hospital for lack of community-based care.

Q How will information be shared with people with dementia?

A Signposters in Gosport have good examples of helping ensure patients with dementia always see the same volunteer for their community support.

Q Where is the Signposting service in Fareham?

A Westlands surgery, Portchester.

NOTICEBOARD

Developing NHS111 – your local NHS would like to hear your thoughts

NHS111, ambulance services, GP services and community services are working even closer together to provide local people with the right care in the right place at the right time and would like to seek your views on this.

The local NHS would welcome your thoughts to help them as they develop the service in the future and invite you to complete their online survey at <https://www.surveymonkey.com/r/developingNHS111>.

The deadline for all survey responses in June 9. If you would like someone to attend a local group to discuss this please email fgccg.sehccengagement@nhs.net.

Local Solutions Grants

From Adults' Health and Care for community groups based in Gosport. Up to £10k. Deadline 17th June. the link for applications is here:

<https://www.hants.gov.uk/community/grants/grants-list/local-solutions-grants/local-solutions-gosport>

The fund for Fareham groups will open later in the year.

Wessex Heritage Trust

Wellbeing workshops commencing 12th June 10am to 12noon: Aimed at people who are isolated or lonely. Series of free workshops at the Royal Armouries Museum, Fort Nelson. Currently offering places for people in Portchester and south east Fareham. Minibus transport provided.

Will be looking for opportunities to set up a workshop in Gosport area to link in with a local heritage site.

Contact: caroline@wessexheritagetrust.org

'**Dying Matters**' information stand will be in Fareham Shopping Centre on Mon 3rd June 9am to 4pm – community space outside the Body Shop

GraveTalk café drop-in sessions at Westbury Manor Museum, Fareham: 10th June 2-4pm and 19th June 10.30am to 12.30pm

Senior Citizens Fair

17th May 2019 10am-1pm at the Genesis Centre in Locks Heath Shopping Centre. A number of local organisations will be attending the event, including specialists in health, fitness, hobbies, voluntary services, home support and financial services.

Fareham Borough Council D-day 75 event at Daedalus airfield 8/9th June 10am to 5pm

Lunch and networking

CHAT – Jeanette Perry

Jeanette gave an overview of the varied support services provided by CHAT with accompanying ppt presentation – [click here](#).

Social Prescribing update: Tim Houghton, CEO of Community First

Tim gave a presentation on the current state of play on discussions across the county and multiple CCG areas regarding Social Prescribing. Click [here](#) for a copy. He outlined the key health priorities for the NHS and voluntary sector to focus upon.

The subject of Quality Assurance for Signposter services and service providers must be considered in terms of what is required by referring agencies and what is appropriate for the

wide range of voluntary and community groups. Tim invited delegates to consider 3 key questions and to give feedback that can be shared with those who are working on the QA model for Signposting services nationally.

Issues and Questions for providers to think about

1. Do you agree that there should be a sliding scale of quality assurance according to scale and complexity of services delivered?
2. What would be best method of ensuring the quality of smaller more informal and volunteer led groups and activities?
3. Are there any existing quality assurance tools, templates or approaches you would recommend?
4. What help might you need with following key issues?
 - Data protection
 - Safeguarding
 - H&S Risk Assessments
 - Equality
 - Training

Please send your responses to hfgf@actionfareham.org.uk

Closing address and date of next meeting

Nicky Staveley of Gosport Voluntary Action invited delegates to put forward their suggestions for topics of discussion at the next Forum on 5th September 2019. Venue to be confirmed.

Attendees

First Name	Surname	Organisation Name
Marie	Adams	Extended Primary Care Team - Southern Health
Dr Donal	Collins	CCG
Graham	Edwards	Live well with COPD
Nicky	Gore	The Princess Royal Trust for Carers in Hampshire
Patricia	Gulliford	Friends of Fareham Community Hospital
Brenda	Hadfield	Fareham Friends/Gosport Partners through Pain
Kate	Heggarty	Gracewell of Fareham
Caroline	Hodkinson	Lee on the Solent Residents Association
Tim	Houghton	Community First
Ian	Hynd	Brighterway Charity - Southern Health NHS Foundation Trust
Elizabeth	Kerwood	Fareham and Gosport CCG
Sara	Langston	italk
Kay	McFarlane	Friends Through Pain
Gina	Mula	Alzheimer's Society
Gina	Nash	CCG
Jeanette	Perry	CHAT
Jayan	Pillai	River Aid
George	Ringrow	Diabetes UK Fareham & Gosport Group
Jennie	Romicheva	Community First
Debbie	Ross	Open Sight
Valerie	Rossiter	Parkinson's UK Fareham& District
Mandy	Rowlands	Lockwood Day Centre, Age concern Hampshire
Jill	Sadler	Friends of Fareham Community Hospital
Nicky	Staveley	Gosport Voluntary Action
Alex	Swain	Early Intervention in Psychosis Team
Ryan	Sykes	HCC Adult Mental Health
Justine	Walker	Quit4Life

Apologies

First Name	Surname	Organisation Name
Mandy	Bright	Gosport Voluntary Action
Dawn	Buck	Southern Health NHS Foundation Trust
Lucie	Debenham	Alzheimer's Society
Maggie	Francis	GraveTalk
John	Habberley	Gosport Fareham MS Society
Steve	IRVING	GOSPORT AND FAREHAM MULTIPLE SCLEROSIS GROUP
Dominic	Lodge	Brighterway Charity
George	McAleese	Gosport & Fareham MS Group
Pamela	McCune	Gosport and Fareham Live at Home Scheme
Tina	Randall	Wessex Cancer Trust
Chris	Staples	Research And Innovation Dept;QA Hospital
Pamela	Webber	Hants and IOW Ileostomy Association
Melanie	Whitfield-Tinkler	Harbour Cancer Support