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Fareham and Gosport Voluntary Sector Health Forum

Making a Difference - Young People's Support Services

1.00-2.00pm
Wednesday 11 May 2022

Gosport Voluntary Action

Programme for today…

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- Welcome and Introductions – **Angela Gill** (Facilitator – CF/GVA)
- **Tim Houghton**, Chief Executive **Community First**
- **Janie Millerchip**, Transformation Project Lead Working in Gosport - **Hampshire, Southampton & Isle of Wight CCG/ICS**
- **Kirsty Robertson,** Head of Operations, **Motiv8south**
- **Dr Robin Harlow,** Clinical Director, **Gosport Central PCN** and **Dr Ros Sexton,** Clinical Director, **Coastal PCN**
- **Tim Davis,** Assistant Director for Children's Mental Health Transformation / Maternity & Child Health, **Hampshire, Southampton & IoW, CCG/ICS**
- **Dates** of 2022 Fareham & Gosport VS HWB Event / Health Forum
- **Close** of the Health Forum

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Tim Houghton

Chief Executive, Community First

Community & Voluntary Sector Update

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Community First/Gosport Voluntary Action CVS Update

- **Integrated Care System and Voluntary Sector Alliance**
- **Working with Adults' Health and Care** – on early intervention messaging and prevention
- **Digital Inclusion and Health Advocacy**
- **Wellbeing Workers** – tackling loneliness, peer support for those with Long Covid
- **Mental Health Awareness Week** – 9–15th May
- **Fareham & Gosport Health and Wellbeing Event** – 10am-2pm, Saturday 9 July at Gosport Leisure Centre

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Community First/Gosport Voluntary Action CVS Update

- **Digital Inclusion** – GVA is currently working with the HIOW Trust & Jenny Hausen (Digital Programme Lead). Update on outputs next time – meantime any questions please ask Kay Hallsworth
- **Wellbeing Walks Coordinator Role** – advertised on GVA's website – 21 hours a week, closing date Friday 13 May
- **GVA's Volunteer Awards (in partnership with Gosport BC)** – on Wed 1 June at the Alverbank Hotel. It includes Covid-19 volunteers - there were over 188 volunteer nominations in total!

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Janie Millerchip

Transformation Project Lead Working in Gosport - Hampshire, Southampton & Isle of Wight CCG/ICS

CCG Update

Janie.Millerchip@nhs.net

Gosport Voluntary Action

Motiv8

Local charity established in 1998

Kirsty Robertson –
Motiv8 Head of Operations

kirsty.robertson@motiv8south.org.uk

motiv8
life chances for young people

Vision

To create safer communities where young people feel inspired and empowered to reach their potential

Mission

Motiv8 supports young people and their families in the community, building trusting relationships to help equip them with the skills, resilience and opportunities to thrive

Our Values

Trusted Relationships

We work with openness, honesty and integrity, building relationships through being compassionate, approachable, flexible, and reliable.

Quality

We strive to do our very best, working with professionalism and are committed to continually looking at ways we can improve.

Collaborative

We actively work together with the community, young people, families, and our partners to achieve the very best outcomes.

Empowering

We believe in supporting communities and individuals to realise their abilities and potential, doing with and not to.

Committed

We never give up, when things are difficult we look for solutions, we drive ourselves and others to reach for their dreams and goals.

Where we work

Gosport and Fareham

Portsmouth

Havant

Where we work – Gosport and Fareham

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Gosport and Fareham

Our Approach

for young people and whole family support.

2. Targeted group work for young people such as; alternative Education, crime diversion programmes and emotional health and wellbeing etc.
3. Community provision such as open access youth hubs, detached provision and employment support

Our Approach – Individual and Family Support Gosport and Fareham

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1. Weekly individual mentoring, referral based service
2. Family Support, referral based service
3. Wellbeing Hub
4. Progression Hub

Our Approach – Targeted Group Provision Gosport and Fareham

1. STEPS – Alternative Education programmes
2. DIVERT
3. CHOICES
4. TRAP
5. IGNITE
6. Emotional Health and Wellbeing programmes

Our Approach – Community and Enterprise Gosport and Fareham

1. Youth Hubs

- MONDAY Youth Hub (7-11)
- TUESDAY Youth Hub (13+)
- WEDNESDAY Youth Hub (9-12)
- THURSDAY Youth Hub (13+)
- THURSDAY Youth Hub (13+)

2. Youth Social Action
3. Let's Get Connected (HAF)
4. Summer Passport
5. Detached/Outreach

Our Approach – Health and Wellbeing

1. Referrals
2. Health and Wellbeing programmes that young people can access instantly
3. Open access provision
4. Wellbeing Flower
5. Wellbeing Plans

Strategic Aim 1 – Grow our Impact

Bringing about lasting change for Young People, Families and the Community

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We will do this through:

- ✓ **Being embedded in local communities with a trusted long-term presence**
- ✓ **Having an increased focus on prevention and early help**
- ✓ **Delivering safe, high quality and flexible provision**

Strategic Aim 2 – **Increase Opportunities**

For young people, families and communities to thrive

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We will do this through:

- ✓**Having a distinctive service offer which is person-centred, holistic and accessible**
- ✓**Strengthen collaboration and partnerships to provide services that are innovative, dynamic and responsive.**
- ✓**Enhance and strengthen our support for young people to engage in education, training and employment**

Strategic Aim 3 - **Build resilience and sustainability**

To be here for the future and increase social impact

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We will do this through:

- ✓ **Embedding a robust, sustainable and mixed funding model**
- ✓ **Harnessing digital technologies to work smarter, make best use of resources and improve outcomes**
- ✓ **Capturing the impact of our services and demonstrate the value of our work**
- ✓ **Board of trustees to ensure the effectiveness of the organisation, in line with its mission, aims and strategic objectives.**

Thank you for listening

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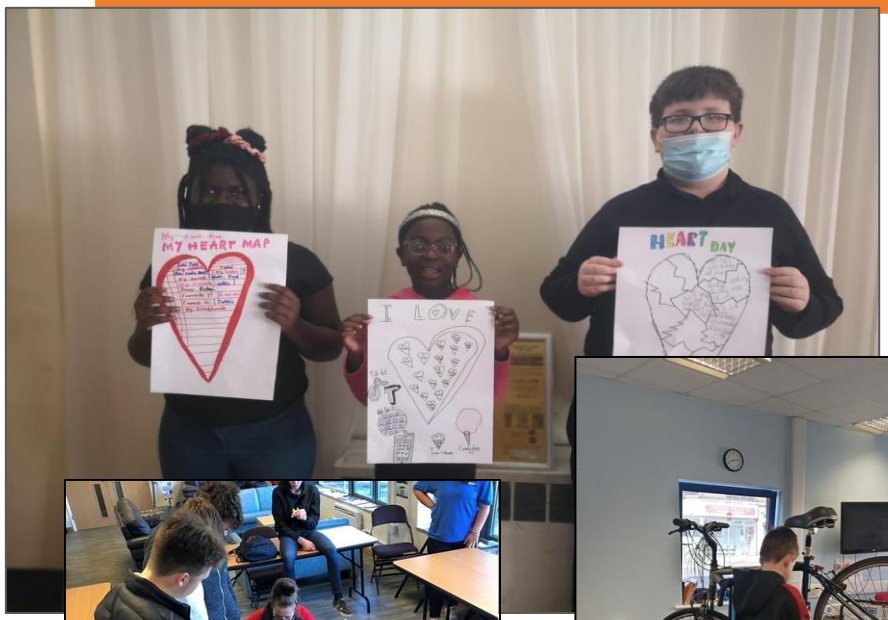

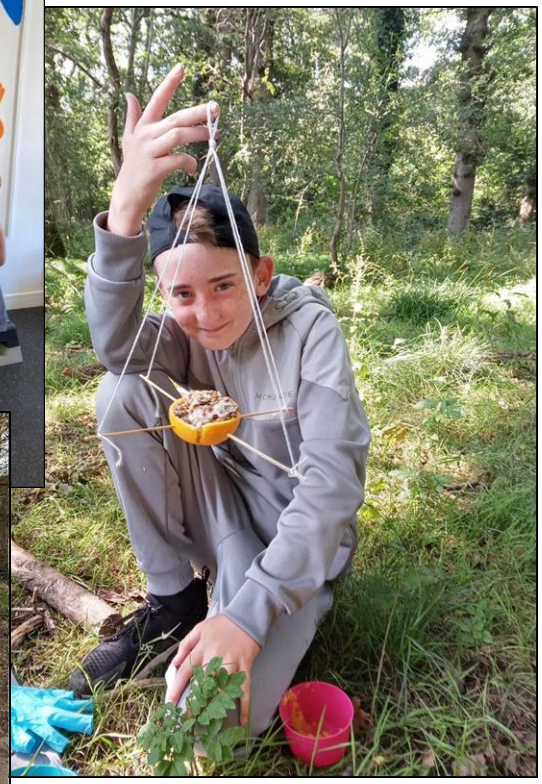

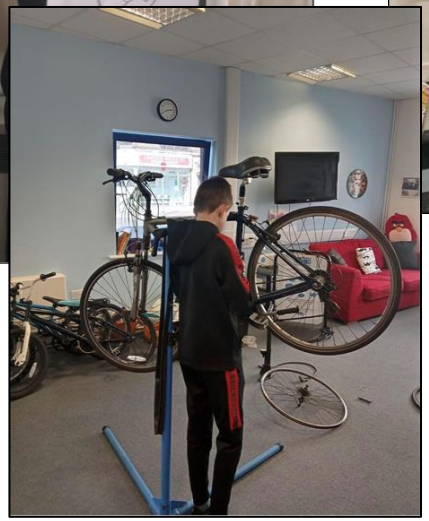

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Dr Robin Harlow, Clinical Director, Gosport Central PCN
and Dr Ros Sexton, Clinical Director, Coastal PCN

PCN Update

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rossexton@nhs.net

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Tim Davis

Assistant Director for Children's Mental Health Transformation / Maternity & Child Health

Hampshire, Southampton & IoW, CCG/ICS

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LTP	Hampshire LTP Delivery Update – 2021-22 Review	SRO:	Tim Davis, Associate Director: CYP Mental Health

Key Achievements

- Expansion of Hampshire CAMHS services has increased total monthly appointment contact capacity by 47.9% over the last 12 months (7,612 to 11,255)
- Paediatric Psychiatric Liaison services have been introduced at all Hampshire Hospitals
- Five new MHSTs fully recruited to in Rushmoor, Hart, Basingstoke, Test Valley and New Forest
- Publication of 1st NHSE Compliant CYP MH Local Transformation Plan

LTP Priority / Objective	Priority / Objective - achievements against LTP over 2021/22	
	Key developments over 2020-21	**Key priorities for 2022-23**
Improve access and waiting times for children and young people's mental health services	• Service access continued to exceed NHS LTP Access standard • Significant expansion of specialist community CAMHS service capacity resulting in 47.9% growth in total monthly appointment capacity • Launch of new blended treatment team to tackle longest waiters and expansions of Eating Disorder and community home crisis services	• Delivery of recovery plan for CYP Eating Disorder services • Full mobilisation of expansion of i2i Community Counselling service • Review of future planned expansions of provision for children in care and children and young people with Learning Disabilities and/or Autism • Mobilise additional ADHD / ASC capacity through new ICS Framework
Increase our focus on prevention and early help	• Expansion of capacity in community counselling services • New CYP CVS Grants Programme fully mobilised resulting in a range of new services for children , young people and families across Hampshire • New 11-25 Digital mental health support service (Kooth.com) introduced • 5 new MHSTs recruited to in Hampshire and now in place for launch year	• Support for full mobilisation of 5 MHSTs and planning for 4 new MHSTs in Jan 23 • Review of new grant funded CYP MH services and 2023/24 grants • Procurement and mobilisation of new Counselling service for new service offer starting April 2024, including digital MH services and counselling • Develop ARRS MH Early Help roles with primary care networks
Improve service quality and access for children and young people in mental health crisis	• Paediatric Psychiatric Liaison services and Specialist Youth Workers in Emergency Departments now established in all Hampshire hospitals • Expansion of intensive home treatment and community eating disorder services	• Mapping CYP MH Crisis progress against NHS Long Term Plan • Further expansion of i2i, Psychiatric Liaison and eating disorder services • Further expansion of operating hours for NHS 111 MH Rapid Response Vehicle • Complete reviews of Safe Haven provision
Improve transition for 16 & 17 year olds and access to mental health services for 18-25 year olds	• Terms of reference and working group arrangements to develop 16-25 mental health pathways to improve transition into adulthood for young adults in place. LD/A Key Worker team now established and in place	• Develop and deliver the 16-25 work programme • Commission and mobilise new services for 18-25 year olds during 2022/23 to improve transition arrangements for more vulnerable young adults.
Improve service quality, develop the workforce and embed the use of data & outcomes to demonstrate service effectiveness	• CSU have been working with Providers and Commissioners to achieve a consistent basis for recording reporting data on routine outcome measures • CSU are working with providers on an ICS wide CYP MH dashboard • CYP MH Workforce planning is part of wider ICS MH workforce planning	• Development of the mental health workforce ICS Transformation work stream • Develop consistent reporting around Routine Outcome Measures and incorporate into ICS wide CYP Mental Health Dashboard
Increase equity of access, experience and outcomes for more vulnerable children and young people	• HCC / CCG collaboration over CYP MH Needs assessment review and refresh supported Hampshire CYP MH LTP refresh in September 2021 • New Blended Treatment Team has increased access for longer waiters	• Progress review of future planned expansions of provision for children in care and children and young people with Learning Disabilities and/or Autism • Further improve recording of vulnerability factors within CYP MH services

LTP	Hampshire LTP Delivery Update – 2021-22 Review	SRO:	Tim Davis, Associate Director: CYP Mental Health

Key Challenges

- Tier 4 Mental Health Inpatient bed capacity is not keeping up with demand, increasing bed, demand and quality of care issues for acute hospital inpatient numbers, CYP MH crisis presentations and demands upon community CYP eating disorder services and intensive home treatment service capacity. It is also creating significant challenges for local authority placement teams, and for the resilience of many families struggling to support children and young people with risky behaviours
- Post pandemic demand for all children and young people's mental health services remains very high, and acuity is also increasing.
- Long historic waiting lists mean that many children and young people are still waiting a long time to access the mental health support that they need

Key Risks and Issues

#	R/I	Description & Impact	RAG	Proposed mitigation	Support/action required
1	I	The prolonged impact of additional capacity working through waiting lists plus high ongoing levels of new referrals, combined with a move to a 12 month rolling average for Eating Disorder service performance will delay reported recovery of CAMHS CYP ED services	R	Hampshire CAMHS have been supported financially in their strategy of over- recruitment into the eating disorder service to build capacity and clear waiting lists as soon as possible.	• Recognition of challenges created by waiting lists in CYP Eating Disorder services for timeliness of access for urgent and routine referrals into service
2	R	Ongoing recruitment challenge is delaying full implementation of intended capacity for CYP MH Crisis support, particularly in relation to services like intensive home treatment and paediatric psychiatric liaison	R	Continued dialogue to consider alternative forms of delivery and optimisation of investment resources	• Flexibility over service model to utilise available workforces may be necessary pending recruitment to harder to fill posts
3	R	Ongoing challenges in relation to T4 Mental Health Bed Capacity for children and young people is creating additional risk of harm for children and young people in mental health crisis at acute hospitals and in the community awaiting access to Tier 4 beds.	R	Hampshire CYP MH services are working as part of a HIOW ICS wide response to the challenges associated with limited access to T4 Mental Health inpatient beds for those that need them.	• The wider challenges that already exist around capacity and demand within T3 specialist community mental health services and early help services, together with growing demand pressures upon local authority children in care services in relation to resilient high care placements for CYP with complex behaviours.

Hampshire CYP MH Services

Winchester
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Community Counselling (Winchester Youth)
NHS 111 MH triage
IAPT Services
Wellbeing Assessor

Test Valley
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Community Counselling (Youth in Romsey & Andover Foyer)
NHS 111 MH triage
IAPT Services
Andover MIND
Andover MHST – starting Jan 22
Two Wellbeing Practitioners

Eastleigh
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Community Counselling (Young People Well Being Service)
NHS 111 MH triage
IAPT Services
MHST – starting Jan 23

New Forest
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Community Counselling (Its Your Choice / No Limits)
NHS 111 MH triage
IAPT Services
Waterside MHST – starting Jan 22

NE Hants & Farnham
Access to Paediatric Psych Liaison via Acute Hospital
CAMHS
Community Counselling (Step by Step and No Limits)
Safe Haven (No Limits)
NHS 111 MH triage
IAPT Services (TalkPlus)
MHST – Aldershot starting Jan 23
MHST – Farnborough starting Jan 22
Emerge Advocacy
Crisis Intervention Service – Surrey & Borders

North Hampshire
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Community Counselling (YPI Counselling)
NHS 111 MH triage
IAPT Services
MHST – starting Jan 22

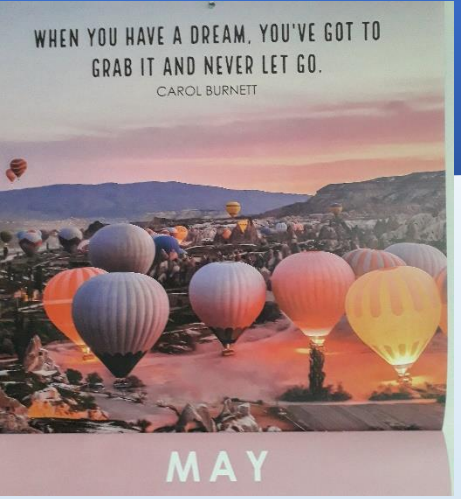
Isle of Wight
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Community Counselling (Talk2 & Youth Trust)
NHS 111 MH triage
IAPT Services
Safe Haven
MHST – operational

Fareham and Gosport
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Fareham Community Counselling (Moving on)
NHS 111 MH triage
IAPT Services
Fareham MHST – starting Jan 23
Gosport MHST - operational

Havant
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Safe Haven (MIND)
Community Counselling (Off The Record)
NHS 111 MH triage
IAPT Services
MHSTs – one operational / one starting Jan 23
Back to Basics campaign\

East Hampshire
Access to Paediatric Psych Liaison via Acute Hospital
Access to Youth Workers in ED
CAMHS
Safe Haven (MIND)
Community Counselling (Off The Record)
NHS 111 MH triage
IAPT Services
Health & WB Coach

Digital: Little Blue Book of Sunshine; Kooth.com; Chat Health; Healthier Together Website & App; Safe4Me Website; Hampshire Healthy Families Portal; CAMHS Website



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- ✓ **Thank you** to all who have supported &/or attended today's HF
- ✓ The recording will be saved on CF & GVA's webpages by Thur 19 May
- ✓ **Date** of next Fareham & Gosport VS Health Forum/HWB Event 2022…
  - **HWB Event** – 10am-2pm, Saturday 9 July, Gosport Leisure Centre, PO13 0ZX
  - 1-2pm, Wednesday 5 October – Webinar
- ➢ **Please feedback** via Chat or email - including re future HF theme/ideas. Health related **items** are **circulated** by Jackie Hartless (interim) monthly
- ✓ **Finally,** if you aren't a VS Health Forum member or know of a local health organisation member that would like to join, please email:- Jackie.hartless@cfirst.org.uk Thank you & have a Happy, Healthy Summer!

Gosport Voluntary Action

Contact Details…

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Contact Details…

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