

East Hampshire and Havant Health & Wellbeing Forum

Staying Warm, Safe and Healthy at Home

1-2pm

Tuesday 7 February 2023

Programme for today...

- Welcome and Agenda – **Angela Gill** Community First Facilitator
- **Tim Houghton**, Chief Executive, **Community First**
- **Jonathan Crutchfield**, Transformation Lead, Working in SE Hants, **Hampshire, Southampton & Isle of Wight Integrated Care Board (ICB)**
- **Nicole Harpum**, Urgent Community Response Area Matron SE and **Sheila Frampton**, Urgent Community Response Area Matron Fareham and Gosport, **Southern Health**
- **Hazel Agombar**, Senior Outreach Officer, **the Environment Centre**
- **Dates of 2023-24** East Hampshire and Havant Health & Wellbeing Forums
- **Close** of the Health & Wellbeing Forum



Tim Houghton

Chief Executive, Community First

Community & Voluntary Sector Update

tim.houghton@cfirst.org.uk



- Launch of Hampshire's Mental Wellbeing Strategy
<https://www.hants.gov.uk/socialcareandhealth/publichealth/mentalwellbeinghampshire/mentalhealthpractitioners>
This strategy focuses on improving outcomes and reducing inequalities in mental wellbeing for local people in Hampshire over the next 5 years
- HCC Adult's Health & Care
 - Strategy refresh and how to engage
 - Demand Management and Prevention Unit Who's Who
- Update on HIVCA (Hampshire & IOW VCSE Health & Care Alliance). There is a delay in securing financial backing and investment from the Integrated Care Board (ICB)
- HIVCA Assembly <https://forms.clickup.com/20404995/f/kepr3-11368/WGSIW8JAM03PEB8077>
- Raising Voices in Health Research <https://actionhampshire.org.uk/the-launch-of-raising-voices-in-research/>
<https://actionhampshire.org.uk/partnerships/hivca/>



- **Household Support Grant** is still open and keen to encourage more applications especially from East Hampshire to support households with cost of living

<https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/connectforcommunities/communitygrants-overview/communitygrants>

- **Advocacy Services in East Hampshire & Havant** – currently exploring the scope for more

Community First's Wellbeing Programme

- Working with clients referred by the Drug and Alcohol team at QA, the team is using a personalised approach to support clients maintain their independence and stay safe. Ensuring awareness of community-based support structures and services they might otherwise be unaware of, that help to address and support their wellbeing in a more holistic manner
- We are aiming to reduce social isolation and are including a programme of activities, outings and volunteering opportunities
- Peer support for patients with Long Covid



Community First's Wellbeing Programme...

➤ Core20Plus5

- Tackling health inequalities including those facing disadvantage in access screening and proactive health care (part of Core20Plus5)
- We are engaging with communities within two geographic areas, **Havant** (with a focus on Leigh Park and Hayling Island) and **East Hampshire** (focusing on Bordon and Petersfield). The overall outcomes the programme is seeking to influence against two clinical areas is to increase Cancer screening for adults with learning disabilities and reduce Hypertension for men 40 +, to increase uptake and raise awareness of symptoms.
- Our first Drop-in (one of six) is at Hayling Island Community Centre, **14th February** between **1-3.30pm**. The focus is on Hypertension, especially in men over 40 years. We are encouraging people to come along and meet professionals who are able to give one to one advice about living a happy and healthier lifestyle! We will send out dates, times & venues in the next Forum update and welcome anyone who would like to take part or promote to their colleagues/clients.

Olivia.May@cfirst.org.uk

07467876855

Paige.Giles@cfirst.org.uk

07823 335485

Community First's Wellbeing Programme...

➤ Digital Champions

- We are working with Volunteer Digital Champions to enable clients to have better access to health services and wellbeing support, taking advantage of digital gateways
- Our volunteers can support individuals or small groups and we are hoping to start a monthly Drop-in in Havant, starting in March 2023
- We are always on the look out for more volunteers, full training is provided, but also if you have clients in South East Hampshire who need of some digital support please contact us
- We do also have some resources as well as access to data packages, for clients

Paige.Giles@cfirst.org.uk

07823 335485



Jonathan Crutchfield

Transformation Lead (East Hampshire)

Hampshire, Southampton & IoW, Integrated Care Board (ICB)

East Hampshire and Havant ICB Update

jonathan.crutchfield1@nhs.net



Nicole Harpum

Urgent Community Response Area Matron SE

Sheila Frampton

Urgent Community Response Area Matron Fareham and Gosport

Southern Health

Urgent Community Response in Hampshire & Isle of Wight

Nicole.Harpum@southernhealth.nhs.uk

Sheila/Frampton@southernhealth.nhs.uk





Hampshire wide UCR Video





the Environment Centre (*tec*)
you ■ your business ■ your community

tec Affordable Warmth Services

Hazel Agombar
Senior Outreach Officer



/theEnvironmentCentre.tec



@tecSouthampton

Call: 02380 336172

We aim to:

- Reduce carbon emissions
- Encourage sustainability
- Improve air quality
- Help people keep warm and well in their homes.

Not-for-profit
Strategy
Independent Policy
Impartial
Engagement
Information
Advice
Proactive
Community
Projects

Affordable warmth services

We deliver affordable warmth services in Southampton, Portsmouth and wider Hampshire



Southampton
Healthy Homes

SWITCHED ON
PORTSMOUTH

We work closely with stakeholders and local services to provide holistic support to vulnerable residents

We target our services at households most at risk from living in a cold home:

- **Low income** - incl. those on means tested benefits
- **Ill health** – long term chronic physical and mental health conditions
- **Age** – those over 65; families with children under 5

We support and advise local residents:

- Over the phone
- By email or letter
- At home visits*

**Some restrictions apply.*



- Accessing funding for home energy upgrades e.g. broken heating replacements, heating improvements, insulation and draught proofing*
- Temporary heating for households whose heating has failed*
- Tackling condensation and mould
- Vulnerable consumer support e.g. priority services register, warm home discount
- Onward referrals/signposting for income maximization (benefit and debt advice), crisis support (food banks & utility vouchers) and, home safety & fire security assistance

**conditions apply*

- <https://citahants.org/home-and-well>



- ✓ A client's key concern is around heating/insulation
- ✓ A client may need face to face or ongoing advice on energy matters

Awareness sessions covering who's at risk and why, plus the help we can provide.



To make a referral or find out more about the services:



0800 804 8601 (Hampshire & Southampton)
0800 260 5907 (Portsmouth)



www.hants.gov.uk/cold-spots
www.environmentcentre.com/southampton-healthy-homes
www.switchedonportsmouth.co.uk



the Environment Centre (tEC)

02380 336172



www.environmentcentre.com



enquiries@environmentcentre.com



Thank You

- ❖ **Thank you** to all who have supported &/or attended today's Health & Wellbeing Forum
- ✓ The recording will be saved on Community First's Wellbeing webpage by Tuesday 14 February ❤️
- **Dates** of 2022-23 East Hampshire and Havant HWB Forum...
 - Wednesday 23 May, 1-2pm
 - Wednesday 4 October, 12.30-2.30pm (Face to Face – Market Place and Networking – East Hampshire TBC)
 - Wednesday 21 February 2024, 1-2pm
- **Please feedback** via Chat or email - including re future HWB Forum theme or presenter ideas
- Health & Wellbeing related **items** will be **circulated** 4-6 weekly by Jane Bray
- **Finally**, if you aren't a Health & Wellbeing Forum member or know of a local health organisation that would like to join, please email Jane:- healthforums@cfirst.org.uk
- ❖ Have a **Happy, Healthy Spring!**

Community First

Leigh Park Community Centre, Dunsbury Way, Havant, PO9 5BG



<https://www.cfirst.org.uk>



healthforums@cfirst.org.uk



0300 500 8085