

South East Voluntary Sector Health & Wellbeing Forum

Tuesday 28 July

‘Networking and Showcase Event’



Hampshire and Isle of Wight



- **Programme Review** – **Angela Gill**, (Voluntary Sector Health & Wellbeing Forums Facilitator)
- **Tim Houghton**, Chief Executive, [Community First](#)
- [HIVE Portsmouth](#) update
- **Abigail Clarkson**, Associate Director Community Mental Health PSEH, [Hampshire and IoW Healthcare NHS Foundation Trust](#)
- [SE Hampshire Voluntary Sector Health & Wellbeing Forum Members](#) - **‘1 Minute Updates’**
- The NHS 10-Year Plan and the **‘Three ‘Shifts’** + Member **Case Study** Opportunity
- **Dates** for the next Voluntary Sector Health & Wellbeing/HSPN **Webinars**, the **North Hants**, and the **Mid-Hants**, Voluntary Sector Health & Wellbeing Forum **‘Networking and Showcase Events’**
- **Refreshment Break**, **Networking** and **Showcase Market Stalls**
- **Your Feedback** - [before you leave](#), please – **SE Hampshire VS HWB Forum Event Ends**



Hampshire and Isle of Wight



A PERSPECTIVE FROM THE VOLUNTARY & COMMUNITY SECTOR

Tim Houghton

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Welcome to the inaugural SE Hampshire Voluntary Sector Health & Wellbeing 'Networking and Showcase Event'

VCFSE Sector driving Health & Wellbeing

- Trusted, local, community-based support
- Helps deliver better outcomes for NHS, social care services and fundamental to delivering public health priorities; smoking, obesity, exercise
- Engages people early and reduces stigma
- Reaches those least likely to access traditional services
- Focuses on connection, purpose and long-term recovery through lived experience and peer support
- Links to social prescribing to offer wrap-around and ongoing support for activities – building social connections
- **Consistent, coherent voice with statutory partners**



Neighbourhood Health & Integrated Working

- New way of organising health and care services around local people, bringing together NHS, local authorities, social care, and the voluntary sector to deliver more joined-up, proactive, and community-based care
- Community anchors within neighbourhoods
- Neighbourhood Health Hubs; Safe, non-clinical spaces for recovery and wellbeing;
- Neighbourhood Health Framework
<https://www.gov.uk/government/publications/neighbourhood-health-framework/neighbourhood-health-framework>
- Consultation <https://www.engage.england.nhs.uk/consultation/mnp-snp-neighbourhood-provider-models/>
- Impact of LGR on public health and neighbourhood working

HIVCA - Hampshire & IoW VCFSE Health and Care Alliance

<https://hivca.org/> and <https://hivca.org/neighbourhood-health/>

- Improve the health and wellbeing of people in Hampshire & IoW
- Reduce inequalities by ensuring services reach those most in need
- Strengthen collaboration between VCSE sector and NHS
- Influence policy and decision-making



Opportunities in South East Hampshire

- **Community First** supporting VCFSE in South East Hampshire, Havant, Fareham and Gosport – <https://www.cfirst.org.uk/> and mobilising volunteers. Healthy Walks, Home Services, Community Transport – Fareham & Gosport Tea & Tiffin + Weekly Shopper, Shopmobility, Monday Club **Fareham, Gosport** Ukrainian Hub,
- **Positive Pathways** – Supported volunteering open to all (Havant Borough, 18+) - contact **Sharon Kettle**: 07879 436148 | sharon.kettle@cfirst.org.uk
- **Leigh Park Community Centre** - <https://leighparkcentre.co.uk/>
- **Gosport Community Connections Day**: Saturday 1st August, 10am - 2pm
Venue: YourSpace, High Street, Gosport
- **HIVE Portsmouth** – Community Events, Volunteer Opportunities, VCSE Sector Support, HIVE Directory <https://hiveportsmouth.org.uk/>
- **Action Hampshire** - Let's Be Smoke Free Hampshire, Communities Against Cancer, Bill Sargeant Trust, Research <https://actionhampshire.org.uk/>
- **Hampshire's Best Start Programme and Family Hub....coming soon....**
<https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/beststartinlife>
- **Connect to Support Hampshire** <https://www.connecttosupporthampshire.org.uk/>
which also now incorporates FISH <https://www.connecttosupporthampshire.org.uk/family-information-and-services-hub-fish/>
- **Barnardo's Free Training** - Help more families have a Healthy Start - free 30 mins training - 12-12.30pm 5 August, 10-10.30 am 6 August – via [Eventbrite](#)



Funding Opportunities

- **Wessex Health Partners Small Grants Scheme** - next round of WHP/NIHR WEMN Small Grants Scheme is now open. Closing date - **29th October 2026**. For more information, visit: [Small Grants Scheme | Wessex Health Partners](#)
- <https://www.sportengland.org/funding-and-campaigns/our-funding/movement-fund>
- <https://www.tnlcommunityfund.org.uk/about-us/our-strategy/our-missions/communities-are-healthier>
- <https://www.jamestudor.org.uk/>
- <https://julesthorntrust.org.uk/>
- <https://newby-trust.org.uk/>
- <https://www.bhcfoundation.org.uk/>
- **VIVID Plus Community Investment Fund**
- <https://vinehilltrust.uk/health/>
- <https://wearebeyond.org.uk/the-beyond-grant>
- <https://allenlane.org.uk/>
- <https://www.legacyleisure.org.uk/community-grant/>
- <https://www.abri.co.uk/what-we-do/community-funding>
- <https://www.fouxfoundation.org.uk/>
- <https://www.emertonchristie.org/>

HIVE

portsmouth





HIVE is a citywide connector and enabling infrastructure body, delivering practical help to residents, strengthening the VCSE sector, developing alliances, supporting neighbourhood working, and bringing lived experience and community insight into decision-making.



Current Areas of Work...

- Residents Support and Helpdesk
- Health, wellbeing and integrated neighbourhood working
- VCSE infrastructure and sector resilience
- Alliance development
- Volunteering and social action
- Poverty, food security and cost of living support
- Disability and digital inclusion
- Community research and lived experience

For more information, please email Catherine Ramsay, Deputy Chief Officer, HIVE Portsmouth:
Catherine.ramsay@hiveportsmouth.org.uk



South East Hampshire Mental Health Services

28.07.2026



Abi Clarkson

Associate Director Mental Health – Community Adult and Older Persons
Mental Health

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Mental Health Services We Provide

- Community Mental Health Services for Adults and Older People
- Crisis Services for Adults and Hospital at Home Service for Older People
- Psychiatric Liaison Services Adults – Emergency Department at QAH
- Inpatient Mental Health Services for Adults and Older People
- Eating Disorder Services
- Primary Care Mental Health

We have bases in Havant, Portsmouth, Gosport, Fareham, Bordon and Petersfield

Our organisation also provides mental health services for Children and Young People, as well as a wide range of physical health care

Future

Every person has access to mental health support in their community support without diagnostic threshold.

Movement between services is fluid and based on current need.

Move to Neighbourhood working with access to specialist services

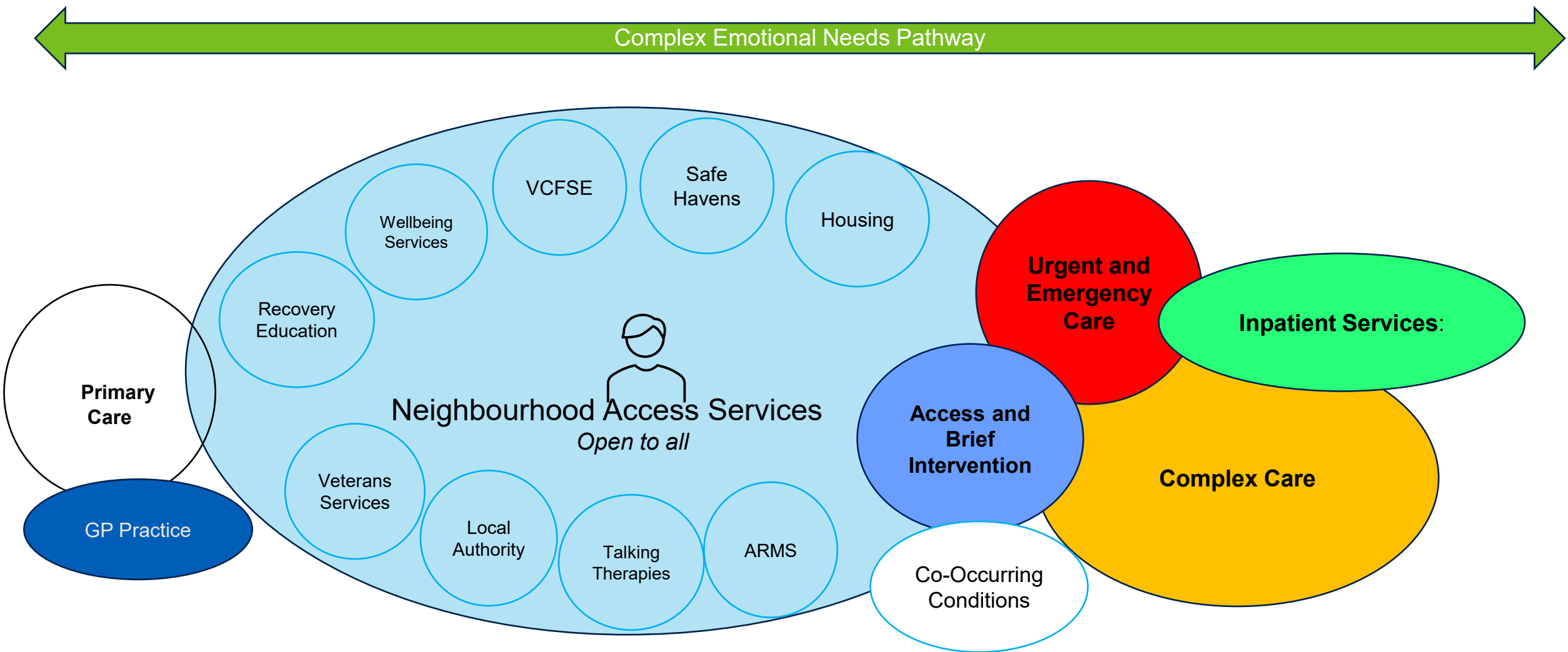
Objectives:

- Improve ease and speed of access
- Reduce repeated assessments
- Decrease waiting times
- Improve quality of care
- Reduce suicide

- **Outcomes:**

- One story, one access route
- Improve waiting and treatment/ intervention for the patient and their subsequent outcomes
- Increased staff and patient satisfaction
- Improved intervention and quality, time staff can spend with patients
- Creating specialist services

Adult Mental Health Services Future



Engagement with Our Communities

We want to work with our partners, peoples who use our services and their support networks to better understand how we are doing and where we go in the future

We are holding events across the area over the next few months in association with Seekers Create and Community First – please join us!



A creative workshop about mental health support, digital access and human connection in Gosport

Have you ever tried to access mental health support and felt lost in the system?

This relaxed creative workshop invites patients, staff, community groups and local services to share experiences of mental health support in Gosport.

Together, we'll explore what works, what gets in the way, and what support could look like when digital access and human connection work better together.

You do not need to be artistic. You can join in by talking, doodling, writing, listening or quietly adding your thoughts.

Your ideas will help build a shared jigsaw artwork showing the missing pieces in current support and what a more connected future could look like.

Take part

Come along, share your piece of the story, and help shape a more human approach to mental health support in Gosport.

Event details

Date: 18th June

Time: 12.30 to 3pm

Venue: Thorngate Hall, Gosport





One Minute Updates!



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The NHS 10-Year Plan and the 'Three Shifts'

The NHS 'three shifts' (priorities) are from...

- **Hospital to community**
- **Analogue to digital**
- **Treatment to prevention**

The aim is that care will become more personalised, give more power to patients, and ensure that the best of the NHS is available to all.

Through the HWB Webinars and expanded face-to-face 'Networking and Showcase' Events, and ongoing member support, we aim to champion these key priorities.

[An NHS fit for the future – the 10-year health plan in Hampshire and the Isle of Wight :: NHS Hampshire and Isle of Wight](#)



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Health & Wellbeing Forum / Hants & IoW Social Prescribing Network – Member and Presenter, Case Study Opportunity

Designed to hopefully demonstrate how being a member of HSPN/HWB Forums or attending the Webinars and Events, supports your work or has contributed to any of the three NHS shifts, potentially evidencing:

- ✓ **Improved outcomes** for individuals and communities
 - ✓ **Reduction in health inequalities**
 - ✓ **Increased prevention** and early intervention
 - ✓ Strengthened **community-based support**
 - ✓ **Added value** to the wider health and care system
- We will review, liaise and feature your Case Study (and your organisation)



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Next Hants & IoW Social Prescribing Network and Voluntary Sector Health & Wellbeing Webinars, plus Voluntary Sector Health & Wellbeing Events, please share...



- **Tuesday 15 September** – **13:00 – 14:00** Hants & IoW Social Prescribing Network **Webinar** '*Closing the Health Gap: Tackling Inequalities and Improving Population Health*'
- **Tuesday 22nd October** – North Hampshire - Hart, Basingstoke, and Rushmoor - Voluntary Sector Health & Wellbeing Forum 'Networking and Showcase Event' - Venue & Time TBC
- **Thursday 12th November** – **13:00 – 14:00** - Voluntary Sector Health & Wellbeing Forum Webinar '*Reaching Men Where They Are: Community Approaches to Health*'
- **Tuesday 24th November** – Mid Hampshire – Winchester, Test Valley, East Hampshire Voluntary Sector Health & Wellbeing Forum 'Networking and Showcase Event' – Venue & Time TBC



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- **Thank you** to all presenters, Jade Harwood-Cresswell, Katy Ovens and you the attendees!
- **If** you didn't have time to ask a question or make a comment today, please do speak with the presenter during the networking break
- ✓ For those who have given permission, we will share attendee contact details, next week
- ✓ This **PowerPoint** and any corresponding documents, will also be available via Community First's **Health Forums** website, next week
- ✓ **Your Feedback** - before you leave, please – **SE Hampshire VS HWB Forum Event Ends**

Website Address: Community First:- www.cffirst.org.uk

If you have any information to share, please contact:- healthforums@cffirst.org.uk



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Enjoy the Refreshments,
Networking and Market Stalls!



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